



Harvard Pilgrim  
Health Care

a Point32Health company



# Living Well Program — Enhanced Rewards

Earn up to \$120 in rewards

## How it works:<sup>1</sup>

Enroll in the Living Well<sup>SM</sup> program and earn rewards for participating in a variety of informative, fun and interactive activities including topics such as:

- Stress management
- Self-care
- Healthy eating
- Volunteerism
- Financial literacy
- Physical activity

## Subscriber rewards — Earn up to \$120 in gift cards.

Subscribers earn rewards incrementally, so the more you participate in the program, the more rewards you earn — up to a total of \$120 in gift cards each year.

Covered dependents or employees who are not Harvard Pilgrim members can participate in a separate Core Rewards program where they can earn points towards monthly gift card drawings.

## Well-being as you define it. A community, at your fingertips.

Our program is packed with tools that let you define your own vision of well-being. Here are some of the features:

- Customize to suit your goals
- Sync to your wearable device
- Connect with others for tips and advice

Our digital engagement platform is easily accessible from most devices so you can stay on top of your goals wherever you are.

> Get started at  
[harvardpilgrim.org/livingwellportal](https://harvardpilgrim.org/livingwellportal)

<sup>1</sup> Rewards are available for fully insured commercial accounts rated as large group, with 51-999 eligible employees. Rewards are also available to fully insured small group and individual members across all of the states in which we operate: MA, NH, ME and RI. Rewards may be taxable, please consult with your tax adviser.